

This guide is correct at time of print. Please check our website for the most current & accurate information.

<https://www.cochranepubliclibrary.ca/Events>

FOR INFO AND UPDATES, CHECK OUT OUR  
WEBSITE ([WWW.COCHRANEPUBLICLIBRARY.CA](http://WWW.COCHRANEPUBLICLIBRARY.CA))  
AND SOCIAL MEDIA



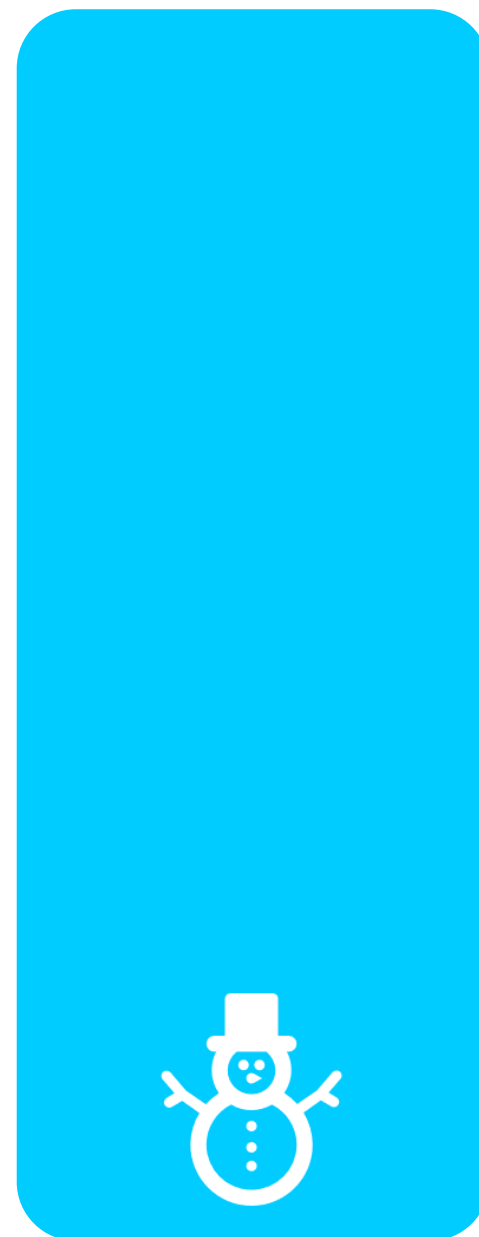
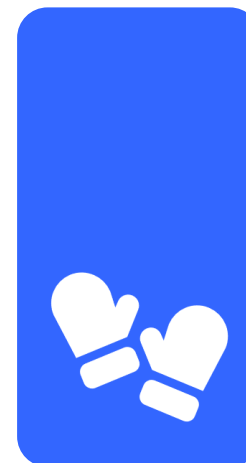
405 Railway St. W. | PHONE: 403-932-4353

**Winter 2023**

Version 1 (Dec 01)

# PROGRAM & ACTIVITY GUIDE

Winter 2023





# Welcome Back!

to the Cochrane Public Library's  
Winter Program Guide 2023

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## WHERE WILL IT TAKE YOU?

This Winter, discover all your Library card has to offer

**DID YOU KNOW?** In addition to being able to borrow materials and use eResources with your Library card, there are a number of services we offer at the Library:

- **ROOM RENTALS**

The Library's Spray Lakes Board Room is available for rent. Free for not-for-profits, this room can seat 12-14, is wheelchair accessible, and has Wi-Fi.

- **3D PRINTING**

The Library has an Ultimaker 3 printer that allows us to create custom 3D models. Prints are charged by weight, \$0.20 per gram.

- **PROCTORING**

The Library offers proctoring services subject to the requirements of the issuing educational institutions and the availability of the Library staff and resources. \$20.00 per exam.

- **ONE-ON-ONE TECH APPOINTMENTS**

Did you get a new eReader, tablet or phone? Do you need help with software/programs/apps? Not sure how to use your Library account? We can help!

Patrons can set up an appointment with one of our staff members to help answer questions. For more information, please see our website.

## LIBRARY TOURS

Does your elementary, preschool, homeschool collective, or daycare class want to learn more about the Library?

**We offer Library tours!**

Our 30 - 45 minute tours include:

- 20 minutes of Story Time
- A tour of the Library
- Time to explore
- Time to check books out

We require at least one week's notice. Schedule a tour at our website.



## EARLY LITERACY PROGRAMS

### AT A GLANCE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10:15am	Baby Lap Time <b>DI</b>	Movers and Shakers <b>DI</b>		Storytime <b>DI</b>	
11:15am	Storytime <b>DI</b>				
1:15pm		Movers and Shakers <b>DI</b>	Kindergarten ABCs <b>DI</b>	Tales for Tots <b>DI</b>	Baby Lap Time <b>DI</b>

**DI = DROP-IN CLASS**

#### **BABY LAP TIME (AGES 0-WALKING/PARENTED) DROP-IN**

Discover new and fun ways to connect with your baby through bounces, tickles, and stories set to song! **There will be no programs on April 7.**

**Mon Session 1:** Jan 2 - Feb 13

**Session 2:** March 6 - April 24

**Fri Session 1:** Jan 6 - Feb 24

**Session 2:** March 10 - April 28

#### **STORYTIME (AGES 3-5/PARENTED) DROP-IN**

Come to the Library for exciting stories, songs, and a take home craft. These sessions will keep your preschooler interacting from start to finish!

**Mon Session 1:** Jan 2 - Feb 13

**Session 2:** Mar 6 - Apr 24

**Thu Session 1:** Jan 5 - Feb 23

**Session 2:** Mar 9 - Apr 27

#### **MOVERS AND SHAKERS (WALKING-2/PARENTED) DROP-IN**

Join us for songs and rhymes in a movement-oriented class guaranteed to get out the wiggles!

**Tues Session 1 (am & pm):** Jan 3 - Feb 21 **Session 2 (am & pm):** March 7-April 25

#### **KINDERGARTEN ABCS (AGES 3-5/PARENTED) DROP-IN**

Come join us as we practice the letters of the alphabet through play! There will be stories, songs, and hands-on activities, focused on specific letters each week.

**Session 1:** Jan 18 - Feb 22

**Session 2:** Mar 22 - Apr 26

#### **TALES FOR TOTS (AGES 2-3/PARENTED) DROP-IN**

It's time for stories, rhymes, and songs your toddler will love, designed to foster the love of reading!

**Session 1:** Jan 5 - Feb 23

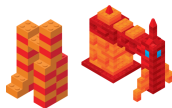
**Session 2:** Mar 9 - Apr 27

## FAMILY FUN

**PLEASE NOTE: CHILDREN UNDER 12 MUST BE ACCOMPANIED BY A GUARDIAN WHILE IN THE LIBRARY**

### LET'S GO LEGO DROP-IN

Drop in and contribute to our on-going Lego projects, build your own, or start a new kit!



DAY	DATES	TIME
Sat	Jan 7 - Apr 29	11:00am-12:00pm

### FRIDAY FUN DROP-IN

The Library will be offering fun programming (including crafts and games) for children and families every week.



DAY	DATES	TIME
Fri	Jan 6 - Apr 28 (no class Apr 7)	4:00-5:00pm

### WHAT WOOD YOU MAKE? REGISTERED

Create a small wood project to take home every session. Age 8+; Adult supervision is required. Space is limited, register early.



DAY	DATES	TIME
Sat	Feb 4, Mar 4, Apr 1	4:00-5:00pm

### FAMILY LITERACY DAY DROP-IN

Free family fun and entertainment celebrating the joy of reading!

DAY	DATE	TIME
Sat	Jan 28	10:30am - 12:30pm

### SCRABBLE NIGHT DROP-IN

Come share your passion for words and conversation!

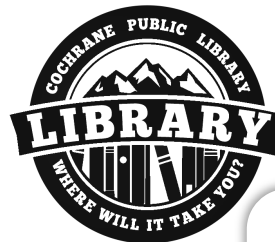
Scrabble is a great way to learn English as a second language. Multi-leveled skill and multi-generational ages all welcome.



DAY	DATES	TIME
Fri	Jan 6 - Apr 28	4:30-6:00pm



**Your library card  
is your ticket to  
all of the FREE  
programs and  
eResources !!**



### Brainfuse HelpNow

provides free online tutoring for students, and support for adult learners. Students studying the Alberta curriculum in K to 12 can access online help.

### Brainfuse JobNow

is designed to support every step of the job search process, featuring live online coaches who assist in resume/cover letter preparation, and help patrons prepare for job interviews, assessment exams, and more.



# THANK YOU for making Library programs possible:



## Our community appreciates your support!

## TECH PROGRAMS

### BASIC PHONE/TABLET (ANDROID) REGISTERED

Learn the basics of operating an Android Phone/tablet including basic settings, Google Play Store, phone, and email in this mini-series.

DAY	DATES	TIME
Wed	Apr 5 - Apr 19	4:00-4:45pm



### BASIC PHONE/TABLET (IPHONE/IPAD) REGISTERED

An introduction to operating an iPhone or iPad including settings, App Store, phone, and email in this mini-series

DAY	DATES	TIME
Wed	Feb 1 - Feb 15	4:00-4:45pm

### INTRODUCTION TO GOOGLE SUITE/APPS REGISTERED

Many schools and colleges are using Google Apps to produce documents and spreadsheets for their workflow. Come and learn the basics!

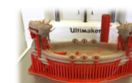
DAY	DATES	TIME
Wed	Mar 1 - Mar 29	5:00-6:00pm



### INTRODUCTION TO TINKERCAD REGISTERED

This 3-week program will provide you with the knowledge of how to use the program Tinkercad to design a project to print on our 3D printer.

DAY	DATES	TIME
Mon	Jan 16 - Jan 30	6:00-7:00pm



### SMARTPHONE PHOTOGRAPHY REGISTERED

The best camera is the one you have with you! Let us help you get the best shots from your phone over this 4-week program. You will be introduced to composition, camera apps, editing on your phone, and more.

DAY	DATES	TIME
Wed	Jan 11 - Feb 1	11:00am-Noon
Mon	Mar 6 - Mar 27	6:00-7:00pm





## TECH PROGRAMS

### DIGITAL PHOTO ORGANIZATION REGISTERED

You have all these photos on your phone - but what now? Learn how to transfer, backup, and organize photos from the phone to your computer.

DAY	DATES	TIME
Mon	Feb 6 & 13	6:00-7:00pm
Mon	Apr 17 & 24	6:00-7:00pm



### TECH HOUR DROP-IN

Need help with technology questions or using the Library's electronic resources? We can help with our drop-in Tech Hour! No appointment is required. All you need to bring are your technology problems and any relevant devices.

DAY	DATES	TIME
Tue	Jan 10 - Apr 25	10:15-11:15am

### DIGITAL RESOURCES IN THE LIBRARY DROP-IN

Join us and discover the many Digital Resources available to you through your Library card. From books and magazines to online tutors; LinkedIn Learning to CreativeBug. Learn how to find, download, and use them.

DAY	DATES	TIME
Tue	Feb 7	5:00-5:45pm
Tue	Mar 7	11:30am-12:15pm



### Your support makes a difference!

The Cochrane Public Library is a registered charity and welcome donations. Your support allows us to continue to provide excellent services, programs and collections.



## SPECIAL INTEREST

### FIRESIDE CHATS REGISTERED

Join us by the fire as we discuss how to improve financial health with a Chartered Professional Accountant. We'll provide hot chocolate and snacks — you provide the questions! Chats will include story time for children ages 5 to 12. In partnership with FCSS.

DAY	TOPIC	DATE	TIME
Wed	Savings Strategies	Jan 18	6:30-7:30pm
Wed	Teaching Kids about Money	Feb 1	6:30-7:30pm
Wed	Energy Saving Workshop/Bill	TBA	6:30-7:30pm

### "DYING" FOR CONVERSATION DROP IN

Join End of Life Doula, Julie Handrahan, for coffee and casual conversations on the topic of end of life. End of life is one of the least talked about subjects, but should it be? Address the white elephant and seize the opportunity to discuss one's end of life wishes while relatively healthy.

DAY	DATE	TIME
Sat	Jan 21, Feb 18, Mar 18, Mar 25	10:15-11:15am

### ADULT BOOK CLUB REGISTERED

Meets second Tuesday of the month. Join us for an opportunity to discuss and connect with fellow readers!

DAY	DATES	TIME
Tue	Jan 10, Feb 14, Mar 14, Apr 11	1:00-2:00pm

**SUPPORT**

**INNOVATE**



**INSPIRE**

**EDUCATE**

*To inspire a journey of discovery, learning and connections*

## SPECIAL INTEREST

### INDIGENOUS PERSPECTIVES REGISTERED

Join Chantal Chagnon, Singer, Drummer, Artist, Storyteller, and Educator in an interactive series of programs designed to share Indigenous Culture and Knowledge. All ages are welcome.

DAY	TOPIC	DATE	TIME
Sat	Smudging & Medicine Wheel Teachings	Jan 14	2:00-3:00pm
Sat	Métis Fingerweaving	Jan 28	2:00-3:00pm
Sat	Storystones	Feb 11	2:00-3:00pm
Sat	Drumming, Songs, Storytelling	Feb 18	2:00-3:00pm

### BE BODY POSITIVE REGISTERED

An 8-week program where youth of middle or high school age will practice intuitive self-care and cultivate self-acceptance ([www.thebodypositive.org](http://www.thebodypositive.org)). In partnership with Stepping Stones to Mental Health.

DAY	DATES	TIME
Thu	Jan 26 – March 16	4:30-5:30pm

### ADVENTURE BOOK CLUB REGISTERED

For ages 10-14. Explore an adventure book and participate in discussion, games, and STEAM activities!

DAY	DATES	TIME
Tue	Jan 10 – Feb 14; March 7 - April 11	4:30-5:30pm

### THRIVING IN YOUR GOLDEN YEARS REGISTERED

A series of workshops built around an aging-in-place checklist, designed to help participants plan to stay at home as long as possible. In partnership with FCSS.

DAY	DATES	TIME
Tue	Feb 7 - Mar 14	3:00-4:00pm

YRCA  
2023

## 2023 Young Readers Choice Awards

Who wins? YOU decide!

The Young Reader's Choice Awards (YRCA) is the oldest international children's choice awards in the world. This year-long reading program is for children in grades 4-12 living in Alaska, Alberta, British Columbia, Idaho, Montana and Washington. Sponsored by the Pacific Northwest Library Association, it is the only international award where children choose the nominated books and the winners. **Cast your vote by April 15, 2023!**

Find out more at: [www.marigold.ab.ca?Projects-Events/Programs/YRCA](http://www.marigold.ab.ca?Projects-Events/Programs/YRCA)

## SPEAKER SERIES

Drop in and join local authors and film makers in a series of individual talks designed to share the creative process.

### Author: Linda Anne Smith - 'Unknown, Unseen—Under the Radar'

Three teens register at Riverbank High during their junior year—three teens among two thousand. The new students show up for classes, take notes and hand in assignments. Unnoticed, they walk among the crowds of young people that hustle through the corridors and pack into classrooms. But underneath their outward appearance, hidden adversities threaten to topple what little security they have. When a crisis hits, their lives are upended, and their growing friendship, indeed, their very survival, is threatened.

### Author: Sheridan Taylor - 'Not Okay? Okay. A Roadmap Back from the Brink'

Join Sheridan Taylor as he shares his personal journey through the creative process of authoring his own book 'Not Okay? Okay. A Roadmap Back from the Brink.' A combat veteran and suicide survivor, Sheridan Taylor chronicles the anguish and rage he experienced in the darkest depths of despair and shares the process and triumph of fighting his way out. After a lifetime enduring pain and discovering love, Sheridan shares his unique perspective on the power of hope and how to heal the mental health crisis plaguing our world.

### Filmmaker: Fraser Costen - 'Life's A Drag'

Join ROSIE AWARD recipient Fraser Costen & Director Rhiannon Evans and learn how Drag has the power to change perspectives, as well as, the technical aspects of filmmaking.

### Author: Noreen Olsen - 'Love and Kisses Paul Hiebert'

*Love and Kisses Paul Hiebert* charts the correspondence between two kindred spirits, covering a vast array of subjects: from chickens to religion, literature to ageing. Letters reveal Hiebert's philosophical and spiritual concerns, his wry sense of humour, and his strong belief in love—as well as revealing the rare friendship between Hiebert and Olson. Often amusing and uplifting, it also describes the demands of living on an Alberta farm.

### Speaker: Elaine Phillips - Classics in Context

Featuring art, books, and music through the ages. This series will include patron favourites, as well as the Impressionists, Dutch Masters, Vincent van Gogh and varied women artists. No pre-knowledge required. Bring a friend.

DAY	SPEAKER	DATES	TIME
Sat	Linda Anne Smith	Jan 21	2:00-3:00pm
Sat	Sheridan Taylor	Feb 4	2:00-3:00pm
Thur	Fraser Costen	Feb 16	6:30-8:00pm
Sat	Noreen Olsen	Feb 25	2:00-3:00pm
Tue	Elaine Phillips	Jan 3, Feb 7, Mar 7, Apr 4, May 2.	6:30-7:45pm

## BE BODY POSITIVE

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An 8-week program where youth  
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## SCRABBLE NIGHT

Come share your passion for words and  
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## SAVE THE DATE!

### FAMILY LITERACY DAY



Join us for family fun and  
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**Saturday, January 28**  
**10:30am to 12:30pm**



Create a small wood project to  
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Age 8+  
Adult supervision is required.

## WHAT WOOD YOU MAKE ?

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